

FASCINATING FALL FEST!

2017 FMS – Class Descriptions

The Anatomy of the Voice: A deeper understanding of how your vocal instrument works both theoretically and with exercises. *Faculty: Britt-Helene Bonnedahl*

Basic Theory For Singers: You do not need to know ANYTHING about music theory to take this class!! Learn about where your note is in the chord and how that affects how you sing it!!
Faculty: Melody Hine

Bib or Apron? The Choice is Yours!! Learn more about getting the most out of your own membership! The Regional Administrative Staff will share the secrets of the proper balance of the Bib and Apron to maximize your fun and education. *Faculty: Missy Wurthmann, Deb Lawrence, Emily Christman, Cindy Partlow, and Susan Inge*

Breatheology: Breath management in a wider perspective – both for singing and for a better life! *Faculty: Britt-Helene Bonnedahl*

Chorus Rehearsals: Be a part of Fascinating Fall Fest Chorus Rehearsals and sing under the direction of *Britt-Helene Bonnedahl* (“I Believe”) AND *Becki Hine* (“Let’s Start Tomorrow Tonight”)

DCP Testing: A great opportunity to learn about the DCP program and take any tests you are needing to complete: *Faculty: Sherry Sprague*

Fascinating Warm Ups: *Faculty: Becki Hine*

How To Create a Goal Picture and Anchor for Future Success: A deeper understanding of how pictures can affect and enhance the process in your brain. *Faculty: Britt-Helene Bonnedahl*

How to Lose a Contest in All FOUR Categories: A humoristic way of explaining the judging categories! *Faculty: Britt-Helene Bonnedahl (with Up All Night, 2017 Regional Quartet Champions)*

Let It Go!: Using a variety of rhythms, this class will focus on rhythmic movement as a way to free up the body and how this connects to vocal freedom. *Faculty: Becki Hine*

Membership – Meet Marketing: Take home some new tips and tools to grow and retain members. Learn how to execute a fun and productive Global Open House and cash in on those Membership Growth Initiative \$’s. *Faculty: Carolyn Young, Kathy Rector, Jan Goldbach*

Mental Training: How to be the best you can be – balanced and healthy! *Faculty: Britt-Helene Bonnedahl*

Sectionals: Tenor, Lead, Baritone & Bass: Singing our Fall Fest Songs, “I Believe” and “Let’s Start Tomorrow Tonight”. *Faculty: Up All Night!*

Sing Your Part Smart!: Using our Fall Fest Songs, “I Believe” and “Let’s Start Tomorrow Tonight”, learn more how to sing your vocal lines in the barbershop style. *Faculty: Up All Night!*

Speech Therapy Approach to Warmups: Improving your vocal production and speaking voice using therapeutic exercises. *Faculty: Britt-Helene Bonnedahl*

Vocal and Visual Freedom: Be the best you can be using your brain and body in the best way!
Faculty: Britt-Helene Bonnedahl